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Building Regulations for the Conservation of Fuel and Power

EXISTING – DWELLINGS

PART L 2010 Health Check

Kingspan®

Low Energy – Low Carbon Buildings

Contents

Introduction

The requirements for conservation of fuel and power, which includes thermal insulation, in buildings in England & Wales are detailed in Approved Documents (AD) L1A, L1B, L2A & L2B to the Building Regulations 2010.

This document is designed as a simple guide to the new 2010 Edition of Approved Document L1B (Conservation of fuel and power in existing dwellings) to the Building Regulations 2010 (England & Wales), showing how to meet its requirements using solutions from Kingspan Insulation.

Details are given about the content of the new Approved Document L1B, the effects it will have on methods of roof, wall and floor construction and the thicknesses of Kingspan Insulation products required to achieve the new standards. The required thicknesses of other commonly used insulation materials are also shown for the purposes of comparison.

Should you require further information about any of the new Approved Documents (L1A, L1B, L2A & L2B) or how Kingspan Insulation products can be used to comply with the changing Regulations, please contact the Kingspan Insulation Technical Services Department (see rear cover).

Approved Document L1B – A Summary

Types of Work Covered

The new 2010 Edition of Approved Document L1B – Conservation of fuel and power in existing dwellings (ADL1B) to the Building Regulations 2010 (England & Wales) came into effect on October 1, 2010 and, from that date, all plans submitted for Building Control approval need to comply with the new requirements.

The Approved Document provides guidance on how to, in ordinary circumstances, comply with the relevant Building Regulations when carrying out work on existing dwellings.

There are certain types of work in relation to existing dwellings where the ADL1B says that the use of either ADL2B (Existing Buildings Other Than Dwellings) is likely to be more appropriate.

These are:

- in mixed–use developments, ADL1B should be used for guidance relating to the works on the individual dwellings with ADL2B being used for guidance relating to the parts of the building that are not a dwelling such as heated common areas or any commercial or retail space;
- heated common areas in buildings containing multiple dwellings are not classified as dwellings, therefore they fall outside the scope of ADL1B – reasonable provision for these areas would be to follow the guidance in ADL2B; and
- buildings containing rooms for residential purposes such as nursing homes, student accommodation and similar are not considered as dwellings, and in such cases ADL2B would apply.

New & Replacement Thermal Elements

Any new or replacement roofs, walls and floors should have U–values no worse than those shown in Table 1.

Element[1]	U–value (W/m^2·K)
Pitched roof – insulation at ceiling level	0.16
Pitched roof – insulation at rafter level	0.18
Flat roof or roof with integral insulation	0.18
Wall	0.28[2]
Floor[3]	0.22[4]
Swimming pool basin	0.25

1 'Roof' Includes the roof parts of dormer windows, and 'wall' Includes the wall parts (cheeks) of dormer windows.
2 Area–weighted average values.
3 A lesser provision may be appropriate where meeting such a standard would result In a reduction of more than 5% In the internal floor area of the room bounded by the wall.
4 A lesser provision may be appropriate where meeting such a standard would create significant problems In relation to adjoining floor levels. The U–value of the floor of an extension can be calculated using the exposed perimeter and floor area of the whole enlarged dwelling.

Table 1 New and Replacement Element U–values

The new or replacement building fabric should be constructed so that there are no reasonably avoidable thermal bridges in the insulation layers caused by gaps within the various elements, at the joints between elements e.g. wall and floor junctions, and at the edges of elements such as those around window and door openings. Reasonable provision should also be made to reduce unwanted air leakage through the newly constructed thermal elements. A suitable approach to showing the requirement has been achieved would be to adopt Accredited Construction Details.

Renovation of Thermal Elements

A thermal element is defined as the part of a wall, floor or roof which separates a thermally conditioned part of the building from: the external environment; another unconditioned part of the building; or another part of the building which is used for a different purpose from the conditioned space, and is conditioned to a different temperature.

Renovation of a thermal element through the provision of a new layer includes either:

- cladding or rendering the external surface of the thermal element; or
- dry–lining the internal surface of a thermal element.

Renovation of a thermal element through the replacement of an existing layer includes either:

- stripping down the element to expose the basic structural components (brick / blockwork, timber / metal frame, joists, rafters, etc.) and then rebuilding to achieve all the necessary performance requirements; or
- replacing the water proof membrane on a flat roof.

Where a thermal element is renovated, the performance of the whole element should be improved to achieve or better the target U–value set out in Table 2, provided the area to be renovated is greater than 50% of the surface of the individual element or 25% of the total building envelope.

Element[1]	Threshold U–value ($W/m^2 \cdot K$)	Target U–value ($W/m^2 \cdot K$)
Pitched roof – insulation at ceiling level	0.35	0.16
Pitched roof – insulation at rafter level[6]	0.35	0.18
Flat roof or roof with integral insulation[7]	0.35	0.18
Wall – cavity insulation[2]	0.70	0.55
Wall – external or internal insulation[3]	0.70	0.30
Floor[4,5]	0.70	0.25

1 'Roof' Includes the roof parts of dormer windows and 'wall' Includes the wall parts (cheeks) of dormer windows.
2 This applies only in the case of a wall suitable for the installation of cavity insulation. Where this is not the case, it should be treated as 'wall – external or internal insulation'.
3 A lesser provision may be appropriate where meeting such a standard would result In a reduction of more than 5% In the Internal floor area of the room bounded by the wall.
4 The U–value of the floor of an extension can be calculated using the exposed perimeter and floor area of the whole enlarged building.
5 A lesser provision may be appropriate where meeting such a standard would create significant problems in relation to adjoining floor levels.
6 A lesser provision may be appropriate where meeting such a standard would create limitations on head room. In such cases, the depth of the insulation plus any required air gap should be at least to the depth of the rafters, and the thermal performance of the chosen insulant should be such as to achieve the best practicable U –value.
7 A lesser provision may be appropriate if there are particular problems associated with the load–bearing capacity of the frame or the upstand height.

Table 2 Renovation Elements and Retained Elements U–values ($W/m^2 \cdot K$)

When assessing this percentage, the area of the element should be taken as that of the individual element, not all the elements of that type in the building. The area of the element should also be interpreted in the context of whether the element is being renovated from inside or outside.
For example: if removing all the plaster finish from the inside of a solid brick wall, the area of the element is the area of external wall in the room; if removing external render, it is the area of the elevation in which that wall sits; if all the roofing on the flat roof of an extension is being stripped down, the area of the element is the roof area of the extension, not the total roof area of the dwelling.

If achievement of the target U–value set out in Table 2 is not technically or functionally feasible or would not achieve a simple payback of 15 years or less, the element should be upgraded to the best standard that is technically and functionally feasible and which can be achieved within a simple payback of no greater than 15 years.

When making a simple payback calculation the following guidance should be used:

- the cost should be the marginal cost, i.e. the additional cost (materials and labour) of the works over and above the works that were intended, not the whole cost of the works;
- the cost of implementing the measure should be based on prices current at the date the proposals are made known to the building control body and be confirmed in a report signed by a suitably qualified person;
- the annual energy savings should be estimated using SAP 2009; and
- the energy prices that are current at the time of the application to building control should be used when evaluating the annual energy savings – current energy prices can be obtained from the DECC website at www.decc.gov.uk/en/content/cms/statistics/publication/prices/prices.aspx

Retained Thermal Elements

Where an existing thermal element is part of a building subject to a material change of use, or where an existing element is to become part of the thermal envelope where previously it was not, e.g. as part of a loft or garage conversion where the space is now to be heated, reasonable provision would be to upgrade those thermal elements whose U–value is worse than the threshold U–value in Table 2 to achieve the target U–values in Table 2, provided this is technically, functionally and economically feasible.

A reasonable test of economic feasibility is to achieve a simple payback of 15 years or less. Where the target U–value in Table 2 is not technically, functionally or economically feasible, then the thermal element should be upgraded to the best standard that is technically and functionally feasible and delivers a simple payback period of 15 years or less. Generally, this lesser standard should not be worse than 0.7 $W/m^2 \cdot K$. For guidance on payback calculations see above.

Examples of where lesser provision than the target U–value might apply are where the thickness of the additional insulation might reduce usable floor area of any room by more than 5 per cent or create difficulties with adjoining floor levels, or where the weight of the additional insulation might not be supported by the existing structural frame.

Extensions, Conservatories and Porches

Where an extension involves the provision of new or replacement roofs, walls and floors, the work should comply with the requirements for new or replacement thermal elements, detailed above.

Where the work involves renovation of roofs, walls and floors, the work should comply with the requirements for renovation of thermal elements, detailed above.

The area of windows, roof windows and doors in extensions should not exceed the sum of 25% of the floor area of the extension plus the area of any windows or doors which, as a result of the extension works, no longer exist or are no longer exposed.

The Approved Document also contains elemental requirements for window, door & rooflight performance, heating & hot water systems, mechanical ventilation, mechanical cooling, lighting, renewable energy systems and the provision of operating and maintenance instructions.

To provide design flexibility, U–values referred to above may be varied provided that the area weighted U–value of all the elements in the extension is no greater than that of an extension of the same size and shape that complies with the U–value standards and the opening areas referred to above.

Where even greater design flexibility is required, reasonable provision would be to use SAP2009 to demonstrate that the calculated carbon dioxide emission rate from the dwelling with its proposed extension is no greater than for the dwelling plus a notional extension complying with the U–value standards and the opening areas referred to above with door area set equal to the door area of the proposed extension, and the remainder of the openings being classified as windows. If, as part of achieving this, upgrades are proposed to the existing dwelling, such upgrades should be implemented to a standard that is no worse than the target U–value for improving retained thermal elements set out Table 2.

Conservatories and porches are exempt from the Building Regulations if they: are built at ground level; have a floor area no greater than 30 m^2; retain the existing dwelling walls, doors and windows which separate the conservatory from the dwelling or, if removed, they are replaced by walls, windows and doors which meet the requirements for replacements; and where the heating system of the dwelling is not extended into the conservatory or porch.

Where a conservatory or porch is not exempt, ADL1B states that any walls, doors and windows that may separate the conservatory from the main building should be insulated and draught proofed to at least the same extent as the rest of the existing dwelling.

The opaque roofs, walls and floors of the conservatory should have U–values no worse than those contained in Table 1.

ADL1B also contains elemental requirements for window, door & rooflight U–values, heating systems, their controls and the provision of operating and maintenance instructions.

Removing, and not replacing, any or all of the thermal separation between the dwelling and an existing exempt extension, or extending the dwelling's heating system into the extension, means the extension ceases to be exempt. This constitutes a change to the building's energy status. In such situations, the extension should be treated as a conventional extension and reasonable provision would be to demonstrate that it meets the requirements for extensions.

Where a swimming pool is being provided in a building, the U–value of the basin (walls and floor) should be not worse than 0.25 $W/m^2 \cdot K$ calculated according to BS EN IS0 13370.

Approved Document L1B – A Summary

Material Change of Use and Change of Energy Status

Where a building is subject to a change of use, e.g. from commercial to domestic use, or a change to its energy status, e.g. any change which results in a building becoming subject to the energy efficiency requirements of the Building Regulations, where previously it was not, then ADL1B requires that the thermal performance of the walls, floors and roofs achieve a minimum standard of performance. This standard of performance varies depending on the nature of the works taking place.

Where the work involves the provision of new or replacement roofs, walls and floors, the work should comply with the requirements for new or replacement thermal elements, detailed above.

Where the work involves retained roofs, walls and floors, the work should comply with the requirements for retained thermal elements, detailed above.

ADL1B also contains requirements for triggering the replacement of windows, doors & rooflights and elemental requirements for window, door & rooflight U–values, heating & hot water systems, mechanical ventilation, mechanical cooling, lighting, renewable energy systems and the provision of operating and maintenance instructions.

Where design flexibility is required, reasonable provision would be to use SAP2009 to demonstrate that the calculated carbon dioxide emission rate from all of the dwellings in the building as it will become is no greater than if each dwelling had been improved following the guidance above.

Consequential Improvements

When an existing building with a total useful floor area of over 1,000 m^2 undergoes: an extension; the initial provision of any fixed building service (other than a renewable energy generator); or an increase to the installed capacity of any fixed building service (other than a renewable energy generator); consequential improvements are required to the existing building to the extent that they are technically, functionally and economically feasible.

Only a relatively small number of existing dwellings will exceed 1,000 m^2 in size and technical guidance on achieving compliance is given in ADL2B.

U-value Calculations

All U–values should be calculated using the methods and conventions set out in BR 443 (Conventions for U–value calculations) and should include allowances for any repeating thermal bridges.

Solutions

Constructions & U-Values

Set out in the following pages, are constructions, using Kingspan Insulation products, which are designed to meet the U–values shown in Tables 1 & 2. These U–values are valid for the constructions shown in the details immediately above.

Also shown, is a range of alternative solutions that other insulation manufacturers might offer.

The constructions shown do not comprise an exhaustive list of Kingspan Insulation solutions. Please contact the Kingspan Insulation Technical Service Department (see rear cover), if you require similar calculations for other constructions.

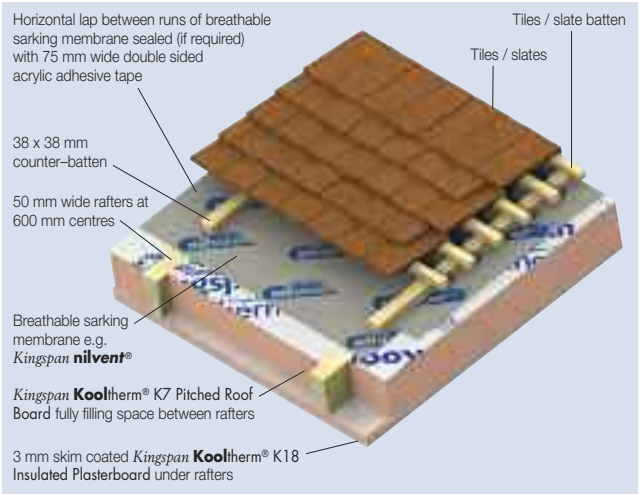
U–values have been calculated using the methods detailed in BS EN ISO 6946: 2007 (Building components and building elements. Thermal resistance and thermal transmittance. Calculation method), BS EN ISO 13370: 1998 (Thermal performance of buildings. Heat transfer via the ground. Calculation methods), and using the conventions set out in BR443 (Conventions for U–value calculations).

For the purposes of these calculations, the standard of workmanship has been assumed good and, therefore, the correction factor for air gaps has been ignored.

The figures quoted are for guidance only. A detailed U–value calculation and a condensation risk analysis should be completed for each project. Please contact the Kingspan Insulation Technical Service Department (see rear cover).

Solutions – New Elements

Pitched Roofs – Insulation Between and Under Rafters



Kingspan **Kool**therm® Solution to Achieve a U–Value of 0.18 W/m²·K
100 mm deep rafters with 100 mm *Kingspan* **Kool**therm® K8 Pitched Roof Board between, and 42.5 mm *Kingspan* **Kool**therm® K18 Insulated Plasterboard under rafters

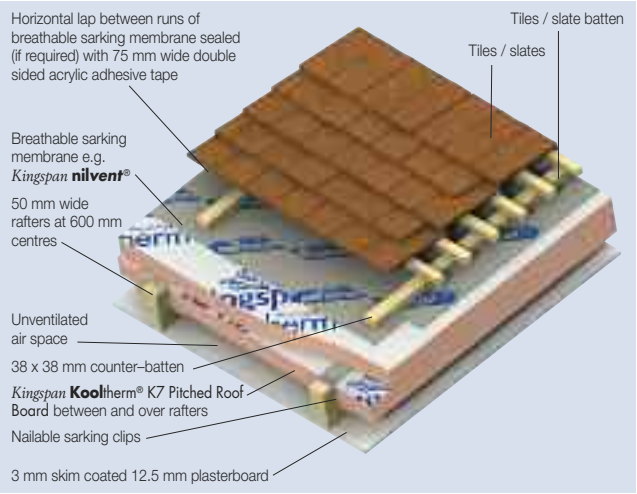
What Solution(s) Other Insulation Manufacturers Might Offer
125 mm deep rafters with 125 mm glass mineral fibre (0.037 W/m·K) between, and 82.5 mm extruded polystyrene (0.030 W/m·K) insulated plasterboard under rafters
100 mm deep rafters with 100 mm glass mineral fibre (0.037 W/m·K) between, and 107.5 mm extruded polystyrene (0.030 W/m·K) insulated plasterboard under rafters
Assumes construction as illustrated above, but with different types and thicknesses of insulation material, and a different rafter depth (in one case).

Using* Kingspan Kooltherm® *can result in a thinner overall construction, regardless of rafter depth, and is less likely to have a prohibitive effect on headroom. There may be practicality issues with fixing a 107.5 mm insulated plasterboard product.

NB All insulated plasterboard thicknesses include 12.5 mm plasterboard.

NB When calculating U–values to BS EN ISO 6946: 2007, the type of mechanical fixing used may change the thickness of insulation required. These calculations assume that insulated plasterboard is fixed using carbon steel fixings with a cross sectional area 4.00 mm², with 16.7 per m². The effect of fixings for Kingspan **Kool**therm® K18 Insulated Plasterboard *and the 82.5 mm extruded polystyrene insulated plasterboard is insignificant as the insulation layer penetrated is not the main insulation layer.*

Pitched Roofs – Insulation Between and Over Rafters



Kingspan **Kool**therm® Solution to Achieve a U–Value of 0.18 W/m²·K
100 mm deep rafters with 50 mm *Kingspan* **Kool**therm® K7 Pitched Roof Board between, and 55 mm *Kingspan* **Kool**therm® K7 Pitched Roof Board over rafters

What Solution(s) Other Insulation Manufacturers Might Offer
130 mm deep rafters with 130 mm rock mineral fibre (0.038 W/m·K) between, and 80 mm rock mineral fibre (0.036 W/m·K) over rafters
100 mm deep rafters with 80 mm extruded polystyrene (0.030 W/m·K) between, and 80 mm extruded polystyrene (0.029 W/m·K) over rafters

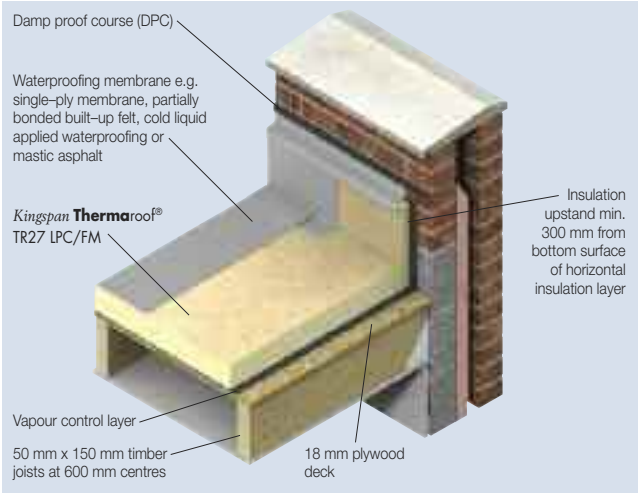
Assumes construction as illustrated above, but with different types and thicknesses of insulation material, and a different rafter depth (in one case).

Using* Kingspan Kooltherm® *can result in a thinner overall construction, regardless of rafter depth, and is less likely to have a prohibitive aesthetic effect on bargeboard / fascia board depth. There may be cost issues with the rafter depth required for some solutions.

NB When calculating U–values to BS EN ISO 6946: 2007, the type of mechanical fixing used may change the thickness of insulation required. These calculations assume that over rafter layers of insulation are fixed using stainless steel fixings with a cross sectional area 7.45 mm², with 6.2 per m² (insulant thickness 41–60 mm) and 8.3 per m² (insulant thickness 61–80 mm).

Solutions – New Elements

Flat Roofs – Timber Deck



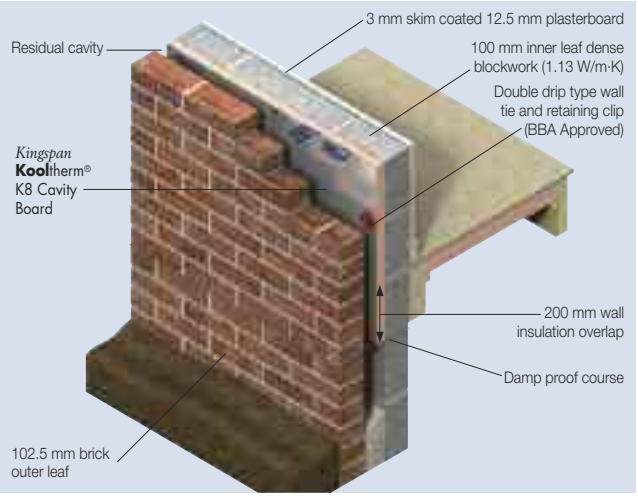
Kingspan **Therma**roof® Solution to Achieve a U–Value of 0.18 W/m²·K
120 mm *Kingspan* **Therma**roof® TR27 LPC / FM in a single layer

What Solution(s) Other Insulation Manufacturers Might Offer
190 mm rock mineral fibre (0.038 W/m·K) in two layers (95 & 95 mm)
Assumes construction as illustrated above, but with a different type and thickness of insulation material.

Using Kingspan Thermaroof® can result in thinner insulation, which may allow lower parapets. The Kingspan Thermaroof® solution shown requires a single layer of insulation compared with the double layer rock mineral fibre solution. Furthermore, the weight of the insulation in the rock mineral fibre solution, shown above, will be over 7 times that in the Kingspan Thermaroof® solution. The manual handling and roof loading implications of this weight should be carefully considered.

NB These calculations assume that insulation boards are fully bonded to the vapour control layer.

Cavity Walls – Cavity Insulation Only



Kingspan **Kool**therm® Solution to Achieve a U–Value of 0.28 W/m²·K
50 mm partial fill *Kingspan* **Kool**therm® K8 Cavity Board in an overall 100 mm wide cavity

What Solution(s) Other Insulation Manufacturers Might Offer
115 mm full fill glass mineral fibre (0.037 W/m·K) in an overall 115 mm wide cavity

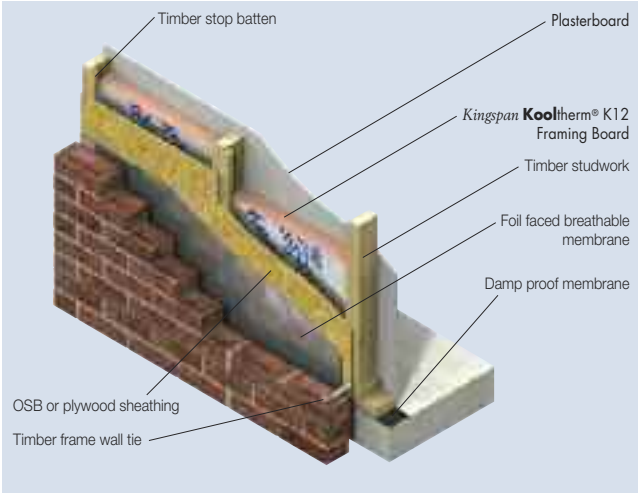
Assumes construction as illustrated above, but with a different type and thickness of insulation material. The insulation fully, rather than partially, fills the cavity and, so, the wall tie specification will differ and no retaining clips will be present.

A standard cavity of just 100 mm can be used with the* Kingspan Kooltherm® K8 Cavity Board *solution, reducing total wall width by 15 mm, compared with the glass mineral fibre full fill alternative shown above.

NB When calculating U–values to BS EN ISO 6946: 2007, the type of wall tie used may change the thickness of insulation required. For 100 mm cavity widths, calculations assume a stainless steel flexible tie with 2.5 ties per m² and a cross–sectional area of 12.50 mm². For 115 mm full fill cavity widths, calculations assume a stainless steel flexible tie with 3.0 ties per m² and a cross–sectional area of 60.80 mm².

Solutions – New Elements

Timber Frame Walls



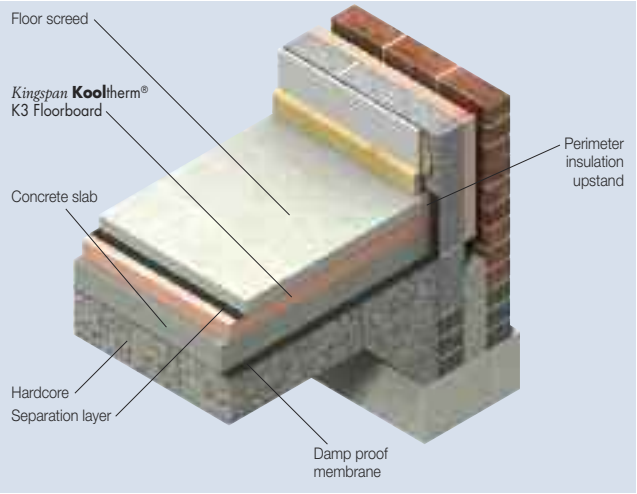
Kingspan **Kool**therm® Solution to Achieve a U–Value of 0.28 W/m²·K
65 mm *Kingspan* **Kool**therm® K12 Framing Board between 89 mm deep studs

What Solution(s) Other Insulation Manufacturers Might Offer
105 mm glass mineral fibre (0.035 W/m·K) between 140 mm deep studs
Assumes construction as illustrated above, but with a different type and thickness of insulation material, different stud depth, and no timber stop battens.

Using Kingspan Kooltherm® can result in a thinner overall construction. The glass mineral fibre solution shown above requires considerably deeper studwork to accommodate the required thickness of insulation. This may have a cost implication.

NB A 15% bridging factor has been assumed for the timber stud. The thermal conductivity of the timber has been assumed to be 0.12 W/m·K. Calculations assume that a foil faced breather membrane yields an airspace thermal resistance of 0.52 m²·K/W.

Ground Floors – Solid Concrete



Kingspan **Kool**therm® Solution to Achieve a U–Value of 0.22 W/m²·K
60 mm *Kingspan* **Kool**therm® K3 Floorboard under slab or under screed with floor P/A ratio of 0.5

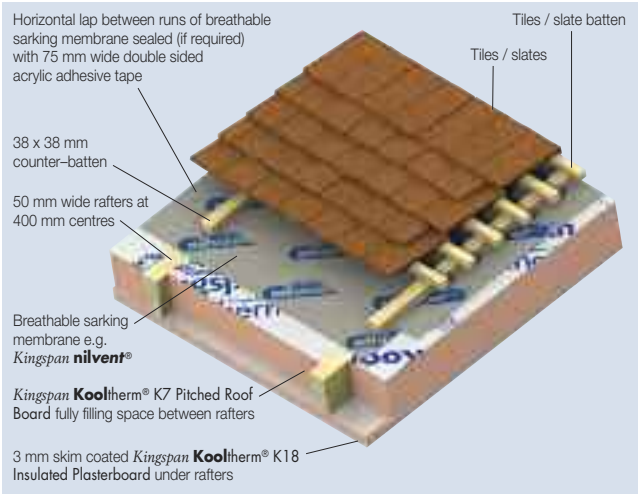
What Solution(s) Other Insulation Manufacturers Might Offer
110 mm of expanded polystyrene (0.038 W/m·K) under slab or under screed with floor P/A ratio of 0.5
Assumes construction as illustrated above, but with a different type and thickness of insulation material.

***Using Kingspan Kool**therm® rather than extruded polystyrene, in the floor shown above, can result in having to dig out, and dispose of, 50 mm less soil to make the space to accommodate the insulation.*

NB For the purposes of these calculations, using the method as detailed in BS EN ISO 13370: 1998, the soil has been assumed to be clay or silt, and the wall insulation is assumed to overlap the floor insulation by minimum 150 mm.

Solutions – Refurbishment / Retained Elements

Pitched Roofs – Re-roof with Insulation Between and Under Rafters



Kingspan **Kool**therm® Solution to Achieve a U–Value of 0.18 W/m²·K
100 mm deep rafters with 100 mm *Kingspan* **Kool**therm® K7 Pitched Roof Board between, and 52.5 mm *Kingspan* **Kool**therm® K18 Insulated Plasterboard under rafters

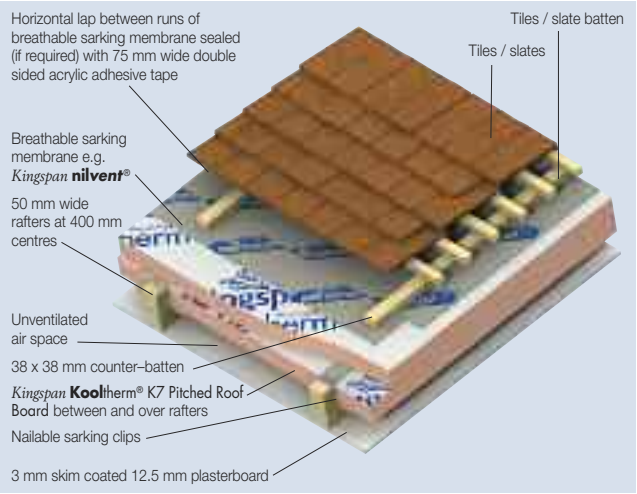
What Solution(s) Other Insulation Manufacturers Might Offer
125 mm deep rafters with 125 mm glass mineral fibre (0.037 W/m·K) between, and 87.5 mm extruded polystyrene (0.030 W/m·K) insulated plasterboard under rafters
100 mm deep rafters with 100 mm glass mineral fibre (0.037 W/m·K) between, and 107.5 mm extruded polystyrene (0.030 W/m·K) insulated plasterboard under rafters
Assumes construction as illustrated above, but with different types and thicknesses of insulation material, and a different rafter depth (in one case).

Using* *Kingspan* Kooltherm® *can result in a thinner overall construction, regardless of rafter depth, and is less likely to have a prohibitive effect on headroom. There may be practicality issues with fixing a 107.5 mm insulated plasterboard product.

NB All insulated plasterboard thicknesses include 12.5 mm plasterboard.

NB When calculating U–values to BS EN ISO 6946: 2007, the type of mechanical fixing used may change the thickness of insulation required. These calculations assume that insulated plasterboard is fixed using carbon steel fixings with a cross sectional area 4.00 mm², with 16.7 per m². The effect of fixings for Kingspan **Kool**therm® K18 Insulated Plasterboard *and the 87.5 mm extruded polystyrene insulated plasterboard is insignificant as the insulation layer penetrated is not the main insulation layer.*

Pitched Roofs – Re-roof with Insulation Between and Over Rafters



Kingspan **Kool**therm® Solution to Achieve a U–Value of 0.18 W/m²·K
100 mm deep rafters with 55 mm *Kingspan* **Kool**therm® K7 Pitched Roof Board between, and 55 mm *Kingspan* **Kool**therm® K7 Pitched Roof Board over rafters

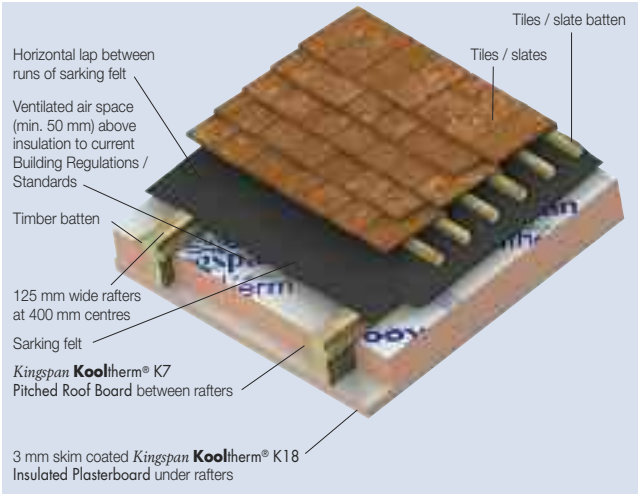
What Solution(s) Other Insulation Manufacturers Might Offer
140 mm deep rafters with 140 mm rock mineral fibre (0.038 W/m·K) between, and 80 mm rock mineral fibre (0.036 W/m·K) over rafters
100 mm deep rafters with 80 mm extruded polystyrene (0.030 W/m·K) between, and 85 mm extruded polystyrene (0.029 W/m·K) over rafters

Assumes construction as illustrated above, but with different types and thicknesses of insulation material, and a different rafter depth (in one case).

Using* Kingspan Kooltherm® *can result in a thinner overall construction, regardless of rafter depth, and is less likely to have a prohibitive aesthetic effect on bargeboard / fascia board depth. There may be cost issues with the rafter depth required for some solutions.

NB When calculating U–values to BS EN ISO 6946: 2007, the type of mechanical fixing used may change the thickness of insulation required. These calculations assume that over rafter layers of insulation are fixed using stainless steel fixings with a cross sectional area 7.45 mm², with 6.2 per m² (insulant thickness 41–60 mm), 8.3 per m² (insulant thickness 61–80 mm), and 10.0 per m² (insulant thickness > 80 mm).

Pitched Roofs – Loft Conversion with Insulation Between and Under Rafters



Kingspan **Kool**therm® Solution to Achieve a U–Value of 0.18 W/m²·K
125 mm deep rafters with 75 mm *Kingspan* **Kool**therm® K7 Pitched Roof Board between, and 62.5 mm *Kingspan* **Kool**therm® K18 Insulated Plasterboard under rafters

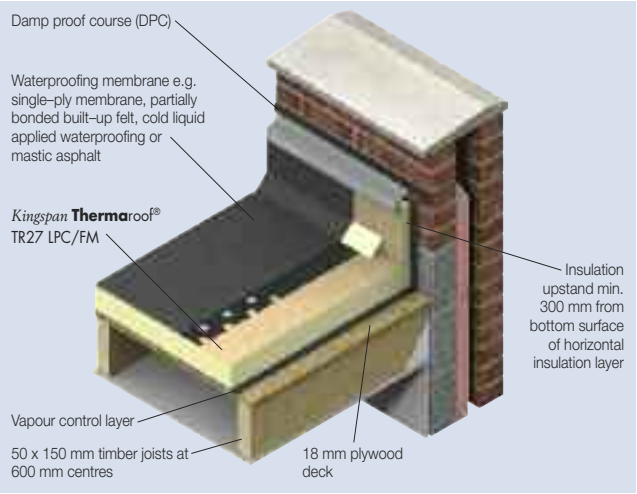
What Solution(s) Other Insulation Manufacturers Might Offer
125 mm deep rafters with 75 mm glass mineral fibre (0.037 W/m·K) between, and 127.5 mm extruded polystyrene (0.030 W/m·K) insulated plasterboard under rafters
Assumes construction as illustrated above, but with different types and thicknesses of insulation material.

Using* Kingspan Kooltherm® *can result in a thinner overall construction, regardless of rafter depth, and is less likely to have a prohibitive effect on headroom. There may be severe practicality issues with fixing a 127.5 mm insulated plasterboard product.

NB All insulated plasterboard thicknesses include 12.5 mm plasterboard.

NB When calculating U–values to BS EN ISO 6946: 2007, the type of mechanical fixing used may change the thickness of insulation required. These calculations assume that insulated plasterboard is fixed using carbon steel fixings with a cross sectional area 4.00 mm², with 16.7 per m². The effect of fixings for Kingspan **Kool**therm® K18 Insulated Plasterboard *is insignificant as the insulation layer penetrated is not the main insulation layer.*

Flat Roofs – Timber Deck



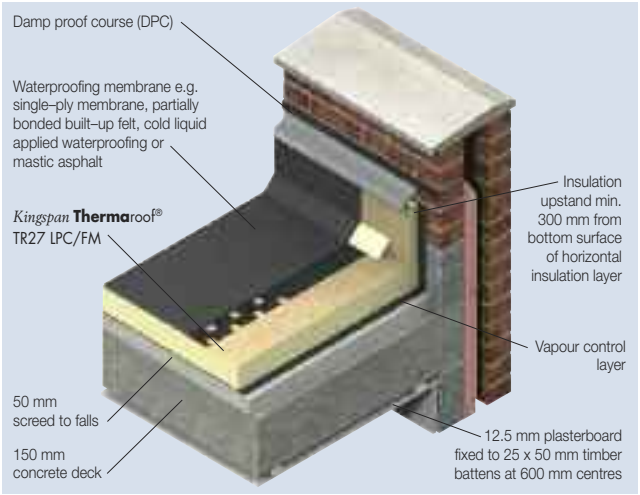
Kingspan **Therma**roof® Solution to Achieve a U–Value of 0.18 W/m²·K
120 mm *Kingspan* **Therma**roof® TR27 LPC / FM in a single layer

What Solution(s) Other Insulation Manufacturers Might Offer
190 mm rock mineral fibre (0.038 W/m·K) in two layers (95 & 95 mm)
Assumes construction as illustrated above, but with a different type and thickness of insulation material.

Using Kingspan Thermaroof® can result in thinner insulation, which may allow lower parapets. The Kingspan Thermaroof® solution shown requires a single layer of insulation compared with the double layer rock mineral fibre solution. Furthermore, the weight of the insulation in the rock mineral fibre solution, shown above, will be over 7 times that in the Kingspan Thermaroof® solution. The manual handling and roof loading implications of this weight should be carefully considered.

NB These calculations assume that insulation boards are either fully bonded to the vapour control layer.

Flat Roofs – Concrete Deck



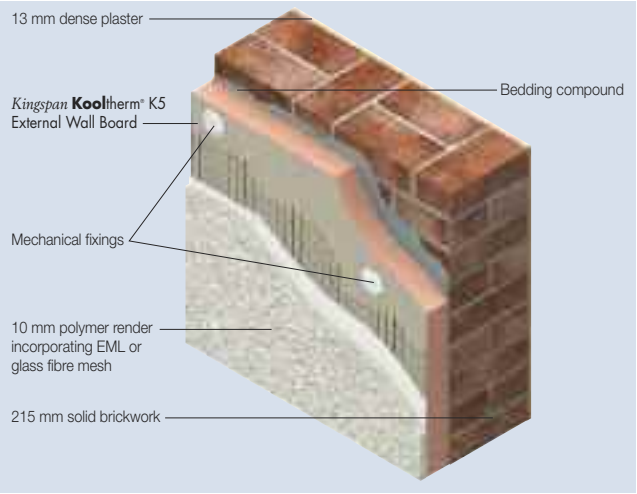
Kingspan **Therma**roof® Solution to Achieve a U–Value of 0.18 W/m²·K
120 mm *Kingspan* **Therma**roof® TR27 LPC / FM in a single layer

What Solution(s) Other Insulation Manufacturers Might Offer
190 mm rock mineral fibre (0.038 W/m·K) in two layers (95 & 95 mm)
Assumes construction as illustrated above, but with a different type and thickness of insulation material.

Using* Kingspan Thermaroof® *can result in thinner insulation, which may allow lower parapets. The* Kingspan Thermaroof® *solution shown requires a single layer of insulation compared with the double layer rock mineral fibre solution. Furthermore, the weight of the insulation in the rock mineral fibre solution, shown above, will be over 7 times that in the* Kingspan Thermaroof® *solution. The manual handling and roof loading implications of this weight should be carefully considered.

NB These calculations assume that insulation boards are either fully bonded to the vapour control layer.

Solid Walls – External Wall Insulation



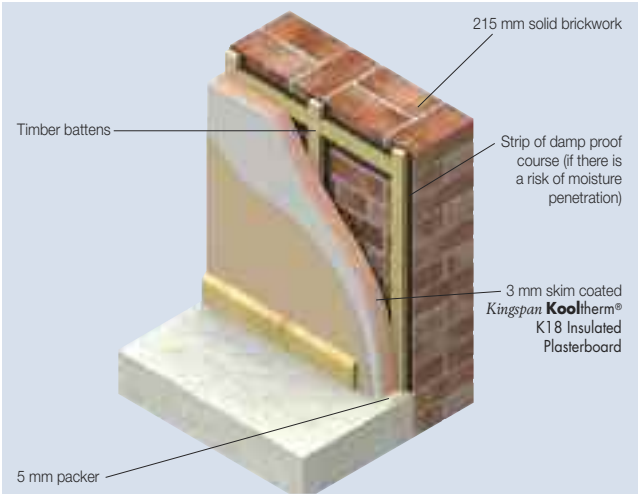
Kingspan **Kool**therm® Solution to Achieve a U–Value of 0.30 W/m²·K
55 mm *Kingspan* **Kool**therm® K5 External Wall Board

What Solution(s) Other Insulation Manufacturers Might Offer
105 mm of rock mineral fibre (0.038 W/m·K) or expanded polystyrene (0.038 W/m·K)
Assumes construction as illustrated above, but with different types and thicknesses of insulation materials.

Using Kingspan Kooltherm® can result in installing almost half of the thickness of insulation compared with the alternatives shown above. In refurbishment projects, where space under the eaves may be constrained, this could be critical. LABC guidance makes it clear that the required U–value of 0.30 W/m²·K can not be relaxed on the grounds that poorly performing insulation materials can not meet the required U–value in the space available.

NB When calculating U–values to BS EN ISO 6946: 2007, the type of mechanical fixing used may change the thickness of insulation required. These calculations assume telescopic tube fasteners with a thermal conductivity of 1.00 W/m·K or less, the effect of which is insignificant.

Solid Walls – Internal Wall Insulation



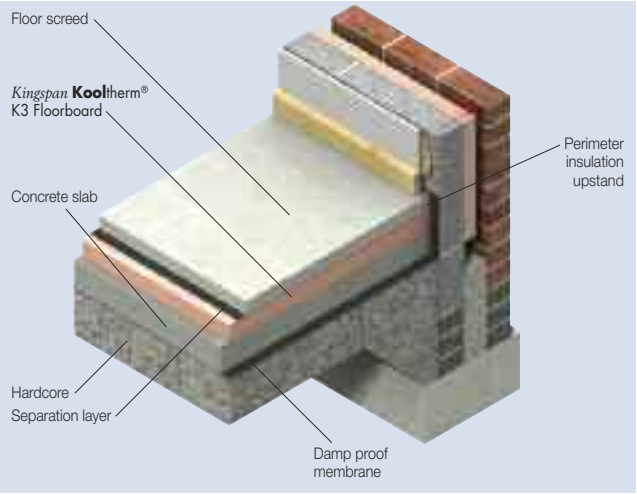
Kingspan **Kool**therm® Solution to Achieve a U–Value of 0.30 W/m²·K
62.5 mm *Kingspan* **Kool**therm® K18 Insulated Plasterboard fixed to 25 x 50 mm battens at 600 mm centres

What Solution(s) Other Insulation Manufacturers Might Offer
97.5 mm of extruded polystyrene (0.030 W/m·K) insulated plasterboard fixed to 25 x 50 mm battens at 600 mm centres
130 mm of glass mineral fibre (0.035 W/m·K) fitted between a 130 mm deep timber stud framework with studs at 600 mm centres and lined with plasterboard
First example assumes construction as illustrated above, but with a different type and thickness of insulation material. Second example assumes construction illustrated above, but that the insulated plasterboard on battens is replaced with freestanding timber stud framework, a different type and thickness of insulation material, and a different lining specification.

Using* Kingspan Kooltherm® *can result in a thinner overall construction, compared with the alternatives shown above. In refurbishment projects, where floor space may be constrained, this could be critical. LABC guidance makes it clear that the required U–value of 0.30 W/m²·K can not be relaxed on the grounds that poorly performing insulation materials can not meet the required U–value in the space available.

NB When calculating U–values to BS EN ISO 6946: 2007, the type of mechanical fixing used may change the thickness of insulation required. These calculations assume carbon steel fasteners of cross sectional area 4 mm² has been assumed at a density of 16.7 per m². A 15% bridging factor has been assumed for the timber stud framework. The thermal conductivity of the timber has been assumed to be 0.12 W/m·K.

Ground Floors – Solid Concrete



Kingspan **Kool**therm® Solution to Achieve a U–Value of 0.25 W/m²·K
50 mm *Kingspan* **Kool**therm® K3 Floorboard under slab or under screed with floor P/A ratio of 0.5

What Solution(s) Other Insulation Manufacturers Might Offer
90 mm of expanded polystyrene (0.038 W/m·K) under slab or under screed with floor P/A ratio of 0.5
Assumes construction as illustrated above, but with a different type and thickness of insulation material.

***Using Kingspan Kool**therm® rather than extruded polystyrene, in the floor shown above, can result in having to dig out, and dispose of, 40 mm less soil to make the space to accommodate the insulation.*

NB For the purposes of these calculations, using the method as detailed in BS EN ISO 13370: 1998, the soil has been assumed to be clay or silt, and the wall insulation is assumed to overlap the floor insulation by minimum 150 mm.

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